SWIM LESSON TRANSITION CHART | WINTER 2023

On January 1, 2023, the District of West Vancouver transitioned from the *Canadian Red Cross Swim Kids* program to the *Lifesaving Society's Swim for Life* program for lessons.

The lesson conversion charts show which **Lifesaving Society Swim for Life program** swimmers moved into, based on their **Red Cross Swim Kids programs**.

If you have any questions, please contact:
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PARENT & TOT PROGRAMS

FROM WEST VANCOUVER SWIM PRESCHOOL	»»	TO SWIM FOR LIFE – PRESCHOOL LEARN TO SWIM	AGE
Parent & Tots 1	»»	Jellyfish (Parent & Tot 1)	4 – 12 MONTHS
Parent & Tots 2	»»	Goldfish (Parent & Tot 2)	12 – 24 MONTHS
Parent & Ducks	»»	Seahorse (Parent & Tot 3)	2 – 3 YEARS

PRESCHOOL PROGRAMS

FROM WEST VAN SWIM PRESCHOOL	»»	TO SWIM FOR LIFE – PRESCHOOL LEARN TO SWIM	AGE
Ducks	»»	Seahorse (*Unparented Tot 3*)	2 – 3 YEARS
Jellyfish	»»	Seahorse (*Unparented Tot 3*)	2 – 3 YEARS
Minnows	»»	Octopus (Preschool 1) – *if Minnows incomplete*	3 – 5 YEARS
Minnows	»»	Crab (Preschool 2) – *if Minnows complete*	3 – 5 YEARS
Guppies	»»	Crab (Preschool 2) – *if Guppies incomplete*	3 – 5 YEARS
Guppies	»»	Orca (Preschool 3) – *if Guppies complete*	3 – 5 YEARS
Seahorses	»»	Orca (Preschool 3) – *if Seahorses incomplete*	3 – 5 YEARS
Seahorses	»»	Sea Lion (Preschool 4) – *if Seahorses complete*	3 – 5 YEARS
Seals	»»	Octopus (Preschool 1) – *if Seals incomplete*	3 – 5 YEARS
Seals	»»	Crab (Preschool 2) – *if Seals complete*	3 – 5 YEARS
Dolphins	»»	Orca (Preschool 3) – *if Dolphins incomplete*	3 – 5 YEARS
Dolphins	»»	Sea Lion (Preschool 4) – *if Dolphins complete*	3 – 5 YEARS
Killerwhales & Sharks	»»	Sea Lion (Preschool 4) – *if Killerwhales/Sharks incomplete*	3 – 5 YEARS
Killerwhales & Sharks	»»	Narwhal (Preschool 5) – *if Killerwhales/Sharks complete*	3 – 5 YEARS
Ogopogo & Barracudas	»»	Narwhal (Preschool 5) – *if Ogopogo/Barracudas incomplete*	3 – 5 YEARS
Ogopogo & Barracudas	»»	Swimmer Level 1 or 2 (*if 6 years old*)	3 – 5 YEARS

SCHOOL AGE SWIM PROGRAMS

FROM RED CROSS SWIM KIDS	»»	TO SWIM FOR LIFE – SWIMMER	AGE
Swim Kids 1	»»	Swimmer 1 – *if Swim Kids 1 incomplete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 1	»»	Swimmer 2 – *if Swim Kids 1 complete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 2	»»	Swimmer 2 – *if Swim Kids 2 incomplete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 2	»»	Swimmer 3 – *if Swim Kids 2 complete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 3	»»	Swimmer 3 – *if Swim Kids 3 incomplete or complete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 4	»»	Swimmer 4 – *if Swim Kids 4 incomplete or complete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 5	»»	Swimmer 4 – *if Swim Kids 5 incomplete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 5	»»	Swimmer 5 – *if Swim Kids 5 complete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 6	»»	Swimmer 5 – *if Swim Kids 6 incomplete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 6	»»	Swimmer 6 – *if Swim Kids 6 complete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 7	»»	Swimmer 6 – *if Swim Kids 7 incomplete*	6 – 12 YEARS SWIMMER 1 - 6
Swim Kids 7	»»	Swimmer 7 (Rookie Patrol) – *if Swim Kids 7 complete*	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
Swim Kids 8	»»	Swimmer 7 (Rookie Patrol) – *if Swim Kids 8 incomplete*	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
Swim Kids 8	»»	Swimmer 8 (Ranger Patrol) – *if Swim Kids 8 complete*	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
Swim Kids 9	»»	Swimmer 8 (Ranger Patrol) – *if Swim Kids 9 incomplete*	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
Swim Kids 9	»»	Swimmer 9 (Star Patrol) – *if Swim Kids 9 complete*	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
Swim Kids 10	»»	Swimmer 9 (Star Patrol) – *if Swim Kids 10 incomplete*	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
Swim Kids 10	»»	Go through Patrol programs or Bronze programs	8 – 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)