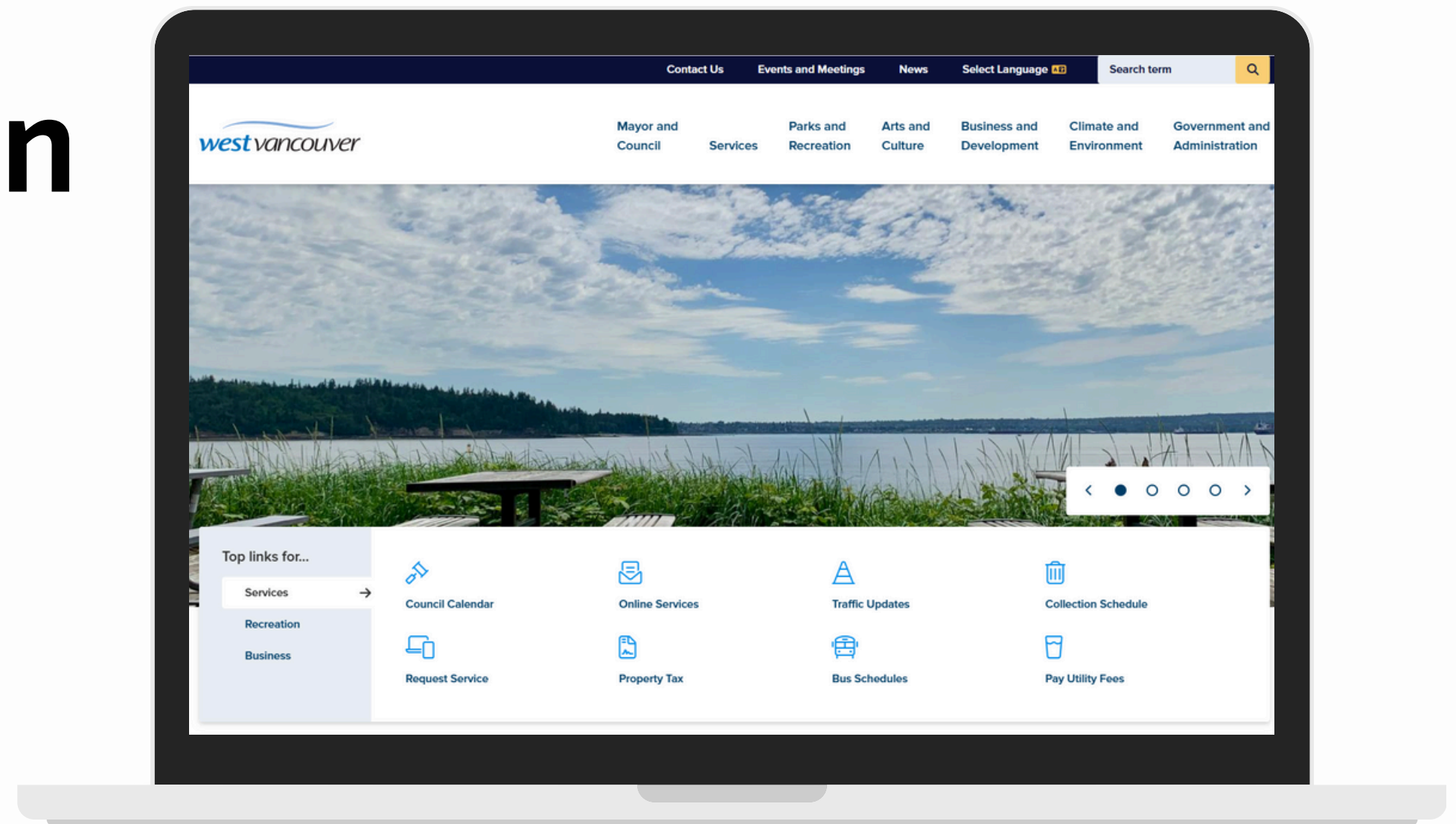


# Parks and Recreation Overview

[westvancouver.ca/parksandrec](http://westvancouver.ca/parksandrec)



- < Parks and Trails
- Golf Courses
- < Recreation Programs and Services
- < Recreation Facilities

# Take a tour!

Join us for a quick tour of Parks and Recreation—let's get started!

Starting on the home page, under the Parks and Recreation tab, you will find information about our our local Parks and Trails, Golf Courses, Recreation Programs and Services, and Recreation Facilities.





## Parks & Trails

Print as PDF Share

Home > Parks and Recreation

Parks

Trails



Ambleside Park



Caulfeild Park



Cypress Falls Park

## Parks and Trails

Browse our spectacular parks and trails and find everything you need to know about [Dogs in Parks](#), [Picnics](#), [Fields and Conditions](#), [Sport Courts](#), [Community Gardens](#), [Special Events](#), and [Destination Parks Pay Parking](#).

## Golf Courses

Print as PDF Share

Home > Parks and Recreation

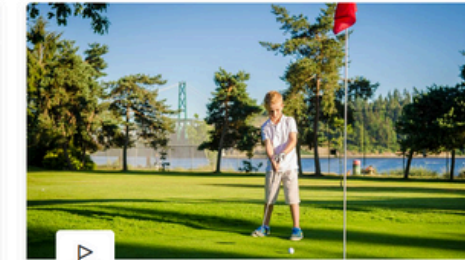
Golfers can choose from two public golf courses. [Ambleside Par 3](#) is an eighteen-hole pitch and putt, and [Gleneagles Golf Course](#), a challenging nine-hole par 35 course.

Visit the course page for more information and hours of operation.



Gleneagles Golf Course

Gleneagles Golf Course is open daily from 7 a.m. to 7 p.m. Tee-



Ambleside Par 3

Ambleside Par 3 is open daily from 9 a.m. to 6 p.m.

## Golf Courses

Choose from two public golf courses! [Ambleside Par 3](#) is an eighteen-hole pitch and putt, and [Gleneagles Golf Course](#) is a challenging nine-hole par 35 course.



## Recreation Programs and Services

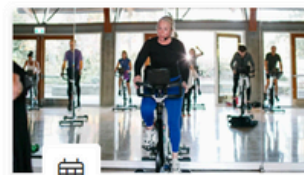
[Print as PDF](#) [Share](#)

[Home](#) > [Parks and Recreation](#)

Welcome to West Vancouver Recreation—your one stop destination for swimming, skating, gymnastics, arts, learning, sports, dancing, and much more. Whether you are looking for information about upcoming registration dates, inclusion services, memberships, and refunds—you'll find it here.

Browse our programs and services below.

To register directly on the recreation registration site, visit [activewestvanrec.ca](http://activewestvanrec.ca).



Rec Schedules



Activity Search Tool



Recreation Activities

## Recreation Programs and Services

Whether you are looking for information about upcoming registration dates, recreation activities, inclusion services, memberships, and refunds—you'll find it here.

## Recreation Facilities

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[Home](#) > [Parks and Recreation](#)



Gleneagles Community Centre



West Vancouver Seniors' Activity Centre



West Vancouver Community Centre and Aquatic Centre



West Vancouver Ice Arena



Youth Spaces



Facility Rentals

## Recreation Facilities

Find information about all our recreation facilities, hours of operation, facility rentals, directions, virtual tours, and contact information.

## Parks and Recreation

Parks and Trails



Golf Courses

Recreation Programs and Services



Rec Schedules

Activity Search Tool

Recreation Activities

Financial Assistance and Support

Seniors Services



Youth Services

Newcomers

Registration and Refunds

Admissions and Passes

Recreation Facilities



# Navigating the recreation site

Choose from the categories listed on the sidebar banner as you explore our various programs and services.

- Rec Schedules
- Activity Search Tool
- Recreation Activities
- Financial Assistance and Support
- Seniors' Services
- Youth Services
- Newcomers
- Registration and Refunds
- Admissions and Passes

Get a sneak peek of all recreation programs and services on the following pages!

















# Rec Schedules

Find our most frequently searched daily activity and drop-in schedules on this page.

- Group Fitness
- Group Fitness Plus
- Yoga
- Pilates
- CycleFit
- Public Swim
- Aquafit
- Public Skate
- Badminton
- Basketball
- Pickleball
- Volleyball
- Keeping Connected
- Youth
- Visual Arts

[westvancouver.ca/recschedules](http://westvancouver.ca/recschedules)

 <b>Group Fitness Schedule</b> Includes classes that are eligible for free access with a FitPass.	 <b>Group Fitness Plus Schedule</b> Includes more specialized fitness classes that are not included in the FitPass.	 <b>Yoga Schedule</b> Includes classes that are eligible for free access with a FitPass.
 <b>Pilates Schedule</b>	 <b>CycleFit Schedule</b>	 <b>Public Swim Schedule</b>
 <b>Aquafit Schedule</b>	 <b>Public Skate Schedule</b>	 <b>Badminton Schedule</b>
 <b>Basketball Schedule</b>	 <b>Pickleball Schedule</b>	 <b>Volleyball Schedule</b>
 <b>Keeping Connected Schedule</b>	 <b>Youth Drop-in Schedule</b>	 <b>Visual Arts Schedule</b>

# Activity Search Tool

This allows you to create customized and printable program lists, view daily schedules, and register for one-time and sessional activities.

Follow the steps in the Activity Search Tool Overview to find the program you're looking for!

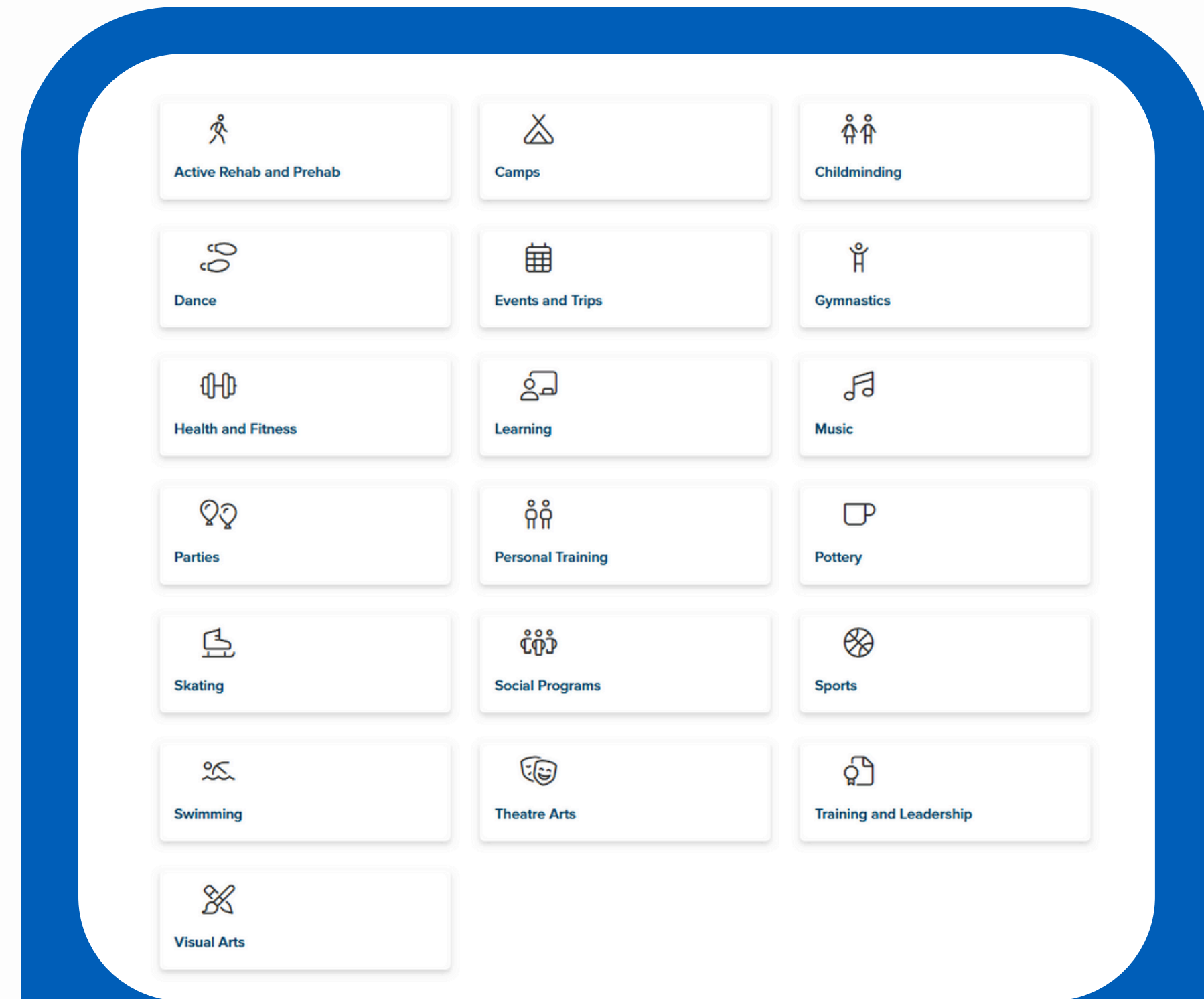
[westvancouver.ca/activitysearchtool](https://westvancouver.ca/activitysearchtool)



# Recreation Activities

The Recreation Activities page offers a birds-eye-view of all recreation areas—from swimming and skating to gymnastics, dance, sports, and more—choose a program area of your choice and start exploring!

[westvancouver.ca/recactivities](http://westvancouver.ca/recactivities)





## Financial Assistance and Support

Learn about the Leisure Access Card, recreation financial assistance, the Shower Program, and other recreation supports available to community members.

[westvancouver.ca/access](https://westvancouver.ca/access)



## Seniors' Services

Find Garden Side Café menus, the Shuttle Bus schedule and information, adult 55y+ programs, The Scene Magazine, and more.

[westvancouver.ca/seniors](https://westvancouver.ca/seniors)



## Youth Services

Discover popular youth spaces, leadership opportunities, activities, upcoming dances, resources, and more.

[westvancouver.ca/youth](https://westvancouver.ca/youth)



## Newcomers

New to the community? Learn about our Welcome Tours and find activities designed to help you feel right at home in your new community.

[westvancouver.ca/newcomers](https://westvancouver.ca/newcomers)



## Registration and Refunds

Find upcoming registration dates and refund information.

[westvancouver.ca/registrationandrefunds](https://westvancouver.ca/registrationandrefunds)



## Admissions and Passes

Look for admission prices and information about our most popular passes.

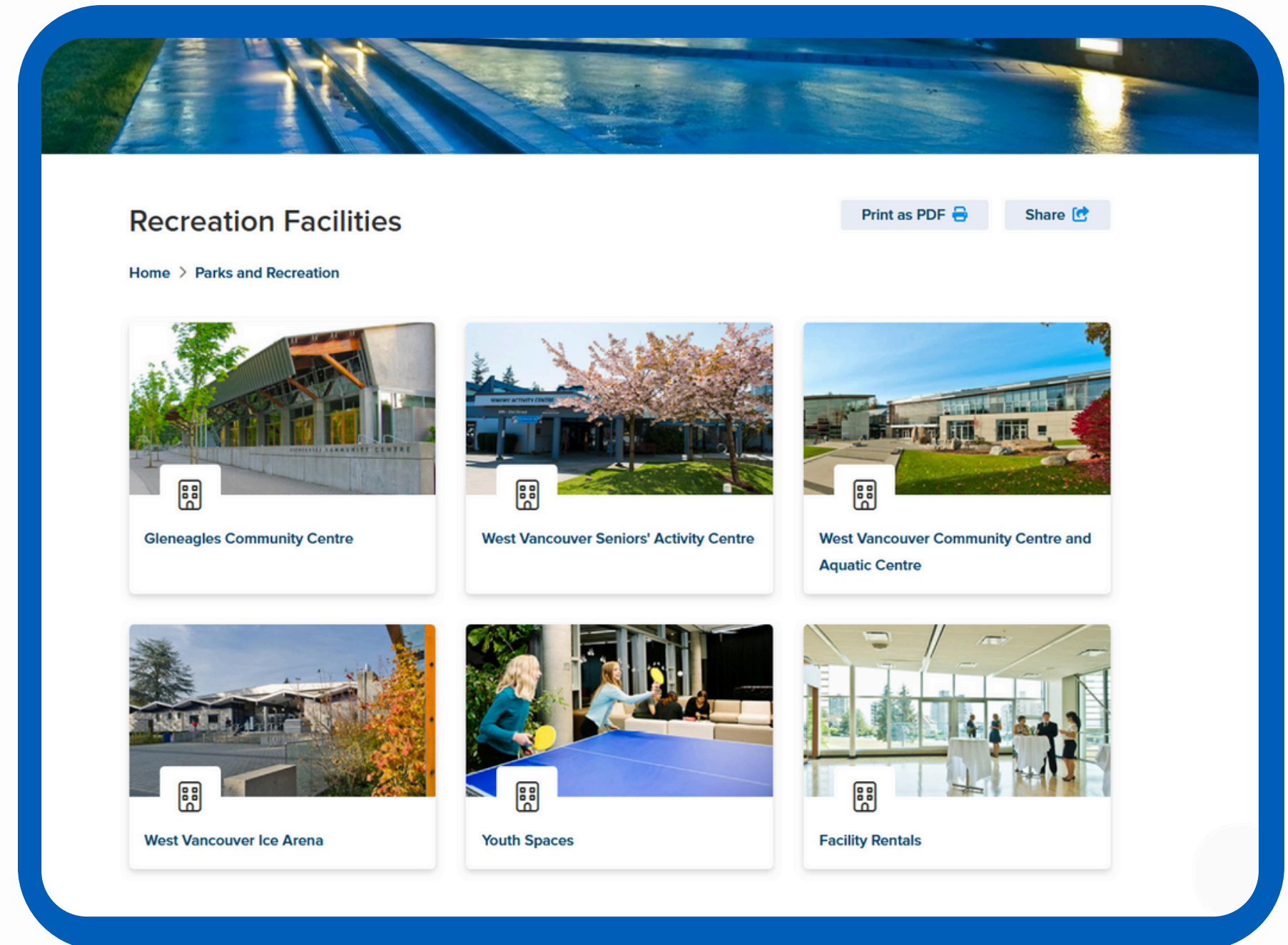
[westvancouver.ca/admissionsandpasses](https://westvancouver.ca/admissionsandpasses)

# Recreation Facilities

Find information about all our recreation facilities and facility rentals on this page. Learn about our hours of operation, upcoming closures, and more.

- Gleneagles Community Centre
- West Vancouver Seniors' Activity Centre
- West Vancouver Community Centre and Aquatic Center
- West Vancouver Ice Arena
- Youth Spaces
- Facility Rentals

[westvancouver.ca/recfacilities](https://westvancouver.ca/recfacilities)



The screenshot displays the 'Recreation Facilities' webpage. At the top, there is a large image of an ice skating rink. Below the image, the page title 'Recreation Facilities' is centered, with 'Print as PDF' and 'Share' buttons to the right. A breadcrumb trail reads 'Home > Parks and Recreation'. The main content area features six facility cards arranged in a 2x3 grid. Each card includes a representative image, a small icon of a building, and the facility name: 'Gleneagles Community Centre', 'West Vancouver Seniors' Activity Centre', 'West Vancouver Community Centre and Aquatic Centre', 'West Vancouver Ice Arena', 'Youth Spaces', and 'Facility Rentals'.